



"They'll help you to love the skin that you're in, As it keeps the outside out, and the inside safe in. Be you salt washed, sun dried, tanned or fair, At Duniye Spa always it's for you that they care.

With hands oh so gentle, and soft smiling voices, Always delighted to help you select of your choices. Back neck and shoulders with hot rocks for me, And then the delight of fresh, hot ginger tea.

All the staff are in fact angels, as soon you will know, As with high expectation to Duniye Spa you go. The outcome's assured, you delight and your pleasure, As another day in paradise is too full to measure.

Stresses and strains have all gone, and worries have too, Come pamper yourself, for once be good to just you. Yes of Duniye Spa staff, all their praises I'll sing, As into my life their sweet magic they bring."

(written by G.E, guest of Duniye Spas)

Welcome to Duniye Spa – an exclusive space for oneself,

a complete program of spa treatments and rituals with exclusive product lines from PURE<sup>™</sup> and [comfort zone];

elements of design to render every moment of one's life a pleasant interlude of well-being.

Duniye Spa, a sublime experience for the senses that incorporates a great passion for beauty and well-being.

Duniye Spas symbolizes a space of complete sensory haven, where time is left at the door and a new journey begins. Step into a sacred place for healing, touch and aroma!

This is why the lifestyle we believe in involves making each moment of one's life precious, and treasuring every moment, every day.



### how to spa

- opening hours from 10am to 8pm
- please come to the spa 15 minutes prior to your appointment to enjoy the full benefits of your treatment
- kindly shower prior to your treatment to remove sun screen
- please note late arrivals may not be honored and will be subject to time deduction
- cancellation: we regret that a 50% charge will be made for treatments cancelled less than 6 hours prior to your appointment. A 100% charge will apply for noshow
- packaged offers are not refundable, not transferable and prebooking is required
- all rates are quoted per person
- all treatments and rates marked with \* are valid for The Over-Water-Spa
- management reserves the right to change the Spa menu without prior notice
- please call for more information ext. 3040 (Over-Water-Spa) or ext. 3030 (Land-Spa)

# signature treatment



connect to the ancient wisdom of healing and touch

<b>sense of touch</b> signature massage	<ul> <li>Your body is lavished with our signature vanilla &amp; whipped cocoa massage butter with essential oils of frangipani, grape-fruit and orange. As a result the skin is richly hydrated and tension is expertly soothed and melted away. Enjoy this personal and customized treatment.</li> <li>oriental aromatic foot ritual</li> <li>full body massage with unique combination of balinese, hawaiian lomi-lomi and aroma swedish massage</li> </ul>	75 min	US\$ 89/98*
energizing & firming crystal facial	This exceptional PURE <sup>™</sup> facial combines ancient healing with powerful pure organic and botanical essences of yarrow- papaya, ginseng & bee pollen to replenish and firm the skin. Includes a unique face massage using chinese jade roller and application of crystal gem stones to improve your energy flow. For all skin types Result: young, firmed and hydrated skin!	75 min	US\$ 80/85*
maldivian island paradise	Pure time out in paradise! This ritual starts with a gentle ex- foliating body polish followed by our deep moisturizing and relaxing signature massage. Conclude hydrating mini facial ensuring toned and replenished skin with a divine head mas- sage. Enjoy complete serenity of your senses with a refresh- ment of 'kurumba' (young coconut) • oriental aromatic foot ritual • body polish coconut-vanilla • tropical bath infusion • signature massage • PURE™ hydrating mini facial • tropical refreshment	150 min	US\$ 185/195*
tropical dreams bamboo whisper	Drift away with the healing power of bamboo; as a powerful source of potassium, vitamin A,B, C and silica the gentle body polish promotes smooth and silky skin and prepares for the gliding, sliding and kneading bamboo rollers provoking a deep state of relaxation by loosening deepest layers of tight mus- cles; relieves aches & pains and improves blood circulation and skin tone. Result: healthy, silky and toned skin; deep relaxation • oriental foot ritual • lavender geranium body splash • bamboo passion flower body polish • bamboo roller massage • tropical refreshment	120 min	US\$ 148/158*

full moon magic	<ul> <li>Captivate all your senses as you connect with the vital power of The Elements in this most enchanting ritual. Magical not only with full moon!</li> <li>welcoming foot ritual, scrub and massage</li> <li>oriental full body massage melt</li> <li>choice of body polish with indulgent head and foot massage <ul> <li>zesty ginger lemongrass rub (cleansing, revitalizing)</li> <li>coconut-vanilla (moisturizing, calming)</li> </ul> </li> <li>tropical bath infusion</li> <li>champagne &amp; fruits</li> <li>spa present for your spa experience at home</li> </ul>	120 min	US\$ 364 Couple*
honeymoon indulgence	<ul> <li>Embrace the essence of pure romance! Be with your partner and let our professionals lead you on this sensory journey!</li> <li>Start with a refreshing foot ritual followed by:</li> <li>For HER: geranium lavender body splash, balinese or lymphatic massage, bamboo passion flower body polish, pampering foot massage, replenishing hair-scalp massage with warm infused rosemary oil</li> <li>For HIM: lemon cypress body splash, invigorating deep tissue aroma massage, zesty ginger-lemongrass body rub, deep relaxing Indian head massage, minty foot scrub followed by reflexology includes:</li> <li>sensual bath infusion* and tropical refreshment</li> </ul>	120 min	US\$ 288/298* Couple
sun soul mates	<ul> <li>Sun bathing is an ancient beauty ritual that has become even more pleasurable and safe with [comfort zone] advanced skin care treatments. Enjoy this exclusive ritual with your partner to promote a youthful, joyful, long lasting tan and prevent any skin aging caused by solar rays.</li> <li>Our unique tranquility welcome ritual provokes a deep sense of peace and well-being followed by</li> <li>sun soul tan maximizer and antioxidant vitamin facial for Her</li> <li>body strategist nutritional and hydra performance facial for Him</li> <li>Share our passion for beauty &amp; well-being. Tropical refreshment included.</li> </ul>	120 min	US\$ 345 couple*
him & her	The ultimate in romance and indulgence! Our skilled therapists welcome you and your loved one with a sensual foot ritual in our candlelit treatment room. Revitalizing essential oils burning for an intoxicating aroma. Indulge with a sublime aromatic full body massage. Champagne is served for you to savor after the treatment. What more could you ask for?	75 min	US\$ 189/198* couple

 $^{st}$  treatments and rates valid for The Over-Water-Spa

#### PURE™



organic skin care provide the perfect skin maintenance using exceptional pure botanical essences with proven results, escape into a space of inner peace

<b>hydrating &amp; nourishing</b> PURE™ Facial	A gentle, calming yet effective facial that re-hydrates and nourishes specially dry and sensitive skin. White tea extract and neroli provide antioxidants and skin soothing and strengthening properties. It also strengthens skin's elasticity, counter-acts photo-aging and restores ra- diant appearance.	60 min	US\$ 75/85*
<b>balancing &amp; cleansing</b> PURE™ Facial	Suitable for combination or oily skin, helps to replenish the skin's natural oils and supplies it with essential nutrients, leaving it clean, refreshed and balanced. A creamy thyme & lemon balm exfoliant encourage internal cleansing of the skin, while a specialized dandelion & green tea mask ab- sorbs excess oils and nourish the skins with powerful anti- oxidants and nutrients.	60 min	US\$ 75/85*

softening & purifying prom the el Resul suppo	ourishing hair cream bath ropical refreshment		
• ly • g	atle drainage massage get the lymph flow moving and otes combined with green tea body polish and wrap limination of toxins. t: healthy and smooth skin, improved lymph flow to ort immune function oriental foot ritual ling ylang geranium body splash ymph drainage massage reen tea scrub & wrap with indulgent head & lymph lrainage facial massage ropical refreshment	120 min	US\$ 148/158*



## anti aging skin care- wisdom of nature paired with intelligence of science delivers long lasting visible results, available at The Over Water Spa

A vitamin-rich antioxidant treatment with active ingredi- ents from arctic berry and blackcurrant seed oil providing intense moisture, calming, relief from environmental skin stress and after sun reaction.	60 min	US\$ 95
Result: deep nourishing and effective free radical reduction, restored skin moisture and softness, anti-aging properties.		
An exclusive anti-aging and restructuring treatment with retinol and lacto-proteins for a deep and visible wrinkle reducing action. An exclusive massage to face, neck, shoulders arms enhances benefits and relaxation.	75 min	US\$105
Result: signs of time are immediate visibly reduced, skin is extraordinarily smoothed and toned, your skin retrieves its luminosity.		
Active treatment for dry and dehydrated skin; compro- mised by biological and environmental stress, frequent fly- ing, exposure to sun and extreme weather conditions. Result: skin is rendered soft and hydrated, profound sensa- tion of wellness and vitality. Especially designed for male skin complexion.	60 min	US\$ 95
Complete your facial with lifting collagen eye mask for the delicate eye area; reduce immediate puffiness, smooth fine lines and increase luminosity around the eyes.		US\$ 25
Fresh pumpkin cells, red beet, artichoke and tomato ex- tract provide perfect tone, elasticity, antioxidant effect and moisture balance to the skin. Recomended after long flight, for dry and stressed skin, after sun exposure. Result: skin is extraordinary fresh and elastic, smooth to the touch.	75 min	US\$ 108
A kickstart to a deeply detoxifiyed body; with sediment- marine purifying mud to accelerate the body's lipidic metabolism, favouring profound purification as well as an effective slimming action. Result: deep re-mineralization, firmed and smoothed tis- sues, elevated circulation, metabolism and lymphatic flow.	75 min	US\$ 108
A pre-sun treatment with exclusive formulation to stimu- late and improve the natural tanning process and prevent redness, bestowing an intense and lasting colour. Result: sun soul will nourish, protect and bestow your skin a natural golden tan with effective protection against skin aging.	75 min	US\$ 108
	<ul> <li>ents from arctic berry and blackcurrant seed oil providing intense moisture, calming, relief from environmental skin stress and after sun reaction.</li> <li>Result: deep nourishing and effective free radical reduction, restored skin moisture and softness, anti-aging properties.</li> <li>An exclusive anti-aging and restructuring treatment with retinol and lacto-proteins for a deep and visible wrinkle reducing action. An exclusive massage to face, neck, shoulders arms enhances benefits and relaxation.</li> <li>Result: signs of time are immediate visibly reduced, skin is extraordinarily smoothed and toned, your skin retrieves its luminosity.</li> <li>Active treatment for dry and dehydrated skin; compromised by biological and environmental stress, frequent flying, exposure to sun and extreme weather conditions.</li> <li>Result: skin is rendered soft and hydrated, profound sensation of wellness and vitality. Especially designed for male skin complexion.</li> <li>Complete your facial with lifting collagen eye mask for the delicate eye area; reduce immediate puffiness, smooth fine lines and increase luminosity around the eyes.</li> <li>Fresh pumpkin cells, red beet, artichoke and tomato extract provide perfect tone, elasticity, antioxidant effect and moisture balance to the skin.</li> <li>Recomended after long flight, for dry and stressed skin, after sun exposure.</li> <li>Result: skin is extraordinary fresh and elastic, smooth to the touch.</li> <li>A kickstart to a deeply detoxifiyed body; with sedimentmarine purifying mud to accelerate the body's lipidic metabolism, favouring profound purification as well as an effective slimming action.</li> <li>Result: deep re-mineralization, firmed and smoothed tissues, elevated circulation, metabolism and lymphatic flow.</li> <li>A pre-sun treatment with exclusive formulation to stimulate and improve the natural tanning process and prevent redness, bestowing an intense and lasting colour.</li> <li>Result: sun soul will nourish, protect and bestow your skin a natural go</li></ul>	ents from arctic berry and blackcurrant seed oil providing intense moisture, calming, relief from environmental skin stress and after sun reaction.Result: deep nourishing and effective free radical reduction, restored skin moisture and softness, anti-aging properties.75 minAn exclusive anti-aging and restructuring treatment with retinol and lacto-proteins for a deep and visible wrinkle reducing action. An exclusive massage to face, neck, shoulders arms enhances benefits and relaxation.75 minResult: signs of time are immediate visibly reduced, skin is extraordinarily smoothed and toned, your skin retrieves its luminosity.60 minActive treatment for dry and dehydrated skin; compro- mised by biological and environmental stress, frequent fly- ing, exposure to sun and extreme weather conditions. Result: skin is rendered soft and hydrated, profound sensa- tion of wellness and vitality. Especially designed for male skin complexion.60 minComplete your facial with lifting collagen eye mask for the delicate eye area; reduce immediate puffness, smooth fine lines and increase luminosity around the eyes.75 minFresh pumpkin cells, red beet, artichoke and tomato ex- tract provide perfect tone, elasticity, antioxidant effect and moisture balance to the skin. Recomended after long flight, for dry and stressed skin, after sun exposure. Result: skin is extraordinary fresh and elastic, smooth to the touch.75 minA kickstart to a deeply detoxifiyed body; with sediment- marine purifying mud to accelerate the body's lipidic metabolism, favouring profound purification as well as an effective slimming action. Result: deep re-mineralization, firmed and smoothed tis- sues, elevated circulation, metabolism and lymphatic flow.75 min<

# massages of the world



## intuitive touch, healing energy, holistic well-being

balinese massage	This gentle and calming massage has it's origin in Bali where it is passed down through many generations. The combina- tion of acupressure, skin rolling and relaxing strokes has a restoring and calming effect. It is as a favorite with many guests.	60 min	US\$ 79/89*
oriental massage	A restoring and balancing massage which uses stronger pres- sure and the best techniques from Thai, Balinese and Indian Head massage.	60 min	US\$ 79/89*
bamboo roller massage	Gliding, sliding and kneading bamboo rollers provoking a deep state of relaxation by loosening deepest layers of tight muscles; relieves aches & pains and improves blood circula- tion and skin tone. Deeply relaxing and therapeutic.	60 min	US\$ 79/89*
back– neck-shoulder hot stones massage	This customized deeply relaxing massage incorporates deep thumb and palm pressure and long sweeping movements to flush away stress, neck and shoulder aches and tension; sup- ported by the healing properties of volcanic stones.	60 min	US\$ 79/89*
thai massage	Described as "Yoga Massage", this treatment opens up the joints and improves body flexibility and postural alignment. You will feel an energizing and uplifting effect. (No oil is used)	60 min	US\$ 79/89*
aroma swedish massage	This invigorating, deep tissue massage applies medium to strong pressure to knead and wring tension and stress away. Finger, thumb and palm pressure work with percussion techniques to stimulate skin circulation and improve release of tension.	60 min	US\$ 79/89*
lymphatic drainage massage	A profound massage technique to help to increase the lymph flow and immune function working on the superficial layer of the skin. Toxin and harmful substances will be eliminated from the body system.	60 min	US\$ 79/89*
soul to sole	A healing combination of reflexology and indian head mas- sage brings deep relaxation to body and mind while stimulat- ing the body's own healing process.	60 min	US\$ 79/89*

### beauty care



from head to toe

aloe vera sun soother	Nourish your skin with a moisturizing and healing wrap of fresh Aloe Vera enhanced by essential oils of lavender and geranium. Eases sunburn, prevents skin peeling and heals damaged skin. Ideal of all skin types, especially for sensitive skin.	60 min	US\$ 79/89*
spa manicure	Luxurious conditioning care for your hands. More youthful hands through nail filing, cuticle trimming and minimizing, exfoliation and hand/arm massage. Hands are visibly softer and smoother. Nail polish or buffing included (additional charge of US\$ 5 for French manicure/pedicure)	60 min	US\$ 52
spa pedicure	Pampering time for your feet! Begin with an aromatic foot soak and scrub. Filing, cuticle minimizing, pampering foot/leg massage enhance the condition of your feet. Nail polish or buffing included (additional charge of US\$ 5 for French manicure/pedicure)	65 min	US\$ 52
avocado hair elixir & head massage	After time in sun & sea, indulge with this indonesian luxuri- ous hair treatment and scalp massage. Warm blended rose- mary oil enhances hair growth and shine. Avocado rich hair crème moisturizes dry and split ends. While absorbing na- ture's healing nutrients unwind with a neck & shoulder mas- sage. Concludes with a full body application of moisturizing frangipani body lotion.	60 min	US\$ 68
salon treatments	Hair cuts, Wash'n Blowdry, Waxing, Eyebrow Shaping Please ask for more information at our spa reception		

#### Special Spa Repeater Offer: 15% off

Have 3 or more of any treatments and receive a special 15% off (note: excludes him & her, full moon magic, sun soul mates, manicure, pedicure, salon treatments; discount only applicable for pre-booked package/per person, package is not transferable)